

Appendix B

Thesis PowerPoint presentation in PDF

Process of the Automatic Corporeal Gesture in a Flash

ACG 

Origin and Use

IAMD 2020-2022 OCAD U

Copyright June 27, 2022

Formulating ACG ⚡ September 2020 – July 2022

Mark making

Physicality/Body

Performance

Automatism

Perception

Mark Making

Meaningful body makes meaningful marks

Cause = Effect Samkhya Philosophy

Qualitative Data from performance – marks in material as measurement

“Getting” Discourse - when it clicks

Not always reinvent the wheel - Freshness of gesture/mark



Expensive Chess 2016 from Surfaces series oil on board 25.5 cm x 20.5 cm

Physicality/ Body

Drawing, Sculpture, Photo, Painting, Performance, Acting, Music

At BFA, Mt. Allison '95 – '99 the human body was central

Physical Theatre, Ashtanga Yoga, Electric Guitar, Drums, Performing
Bach – '00 – '20 – very physical practices

Trance states while working

Performance

Drawing, Painting, Yoga – physicality of practice

Performance Art – artist's works, concept/action

J.S. Bach – performer/composers – Jimi Hendrix

Commedia Dell'Arte – performer/creators – TIFT c. 130 performances

Automatism

Automatic Reading/Drawing - Automatic Mark Making - Trance Dance

Physical response to inspiration through sensory perception

Mental Imagination is Visual Extra-Sensory Perception

Automatism exercises Full-bodied SP + ESP

Perception

Qualitative Data – Research Creation – Diffraction is threefold

Trance - maintenance of alternative oscillatory physical vibration rates

Intra-Extra-Sensory-Perception Full – Bodied

Mind in Brain, Heart, Belly – through peptide/receptor network

Second Brain Found in the Heart and Gut Neurons

JULIETTE KANDO FI CHOR

JUL 25, 2021

(excerpt) "The mind is not just in the brain, but also exists throughout the body. The mind and body communicate with each other through chemicals known as peptides. These peptides are found in the brain as well as in the stomach, in muscles and in all of our major organs. I believe that memory can be accessed anywhere in the peptide/receptor network."

-Dr. Candice Pert

<https://owlcation.com/stem/your-second-brain-is-in-your-heart>

ACG ⚡ Projects

Performance Art

Healing

Song Making

Art Making

ACG ⚡ Performance Art

Rhythm and Trance, **State**, Full-bodied, Warming up

Using **performative parameters** – script, plan, idea, persona, lyrics – and physical energy put through it for qualitative data from events

Events are time/place – specific, imbued with qualities from then/there

Zeami, Song and Dance - devotion, craft/history, and aptitude

ACG ⚡ Healing

Full-bodied ACG ⚡ work opens **memories stored in the body**

Repetitive movement – its role in **trauma convalescence**

Physical movement to **thwart negative cyclical thinking**

– yoga, guitar, painting, performance, reading, being in Nature



ACG ⚡ Song Making

Daily performance builds momentum for **performative coordination in the apparatus** - creating at speed

High level synthesizing, negotiation/creation - it's the dynamic of **allowance** in diffraction

Discourse naturally emerges - It speaks with itself in complex, dynamically **woven patterns**

Speaking the language of Music, **naturally** through ACG ⚡

ACG ⚡ Art Making

Sensory Perception

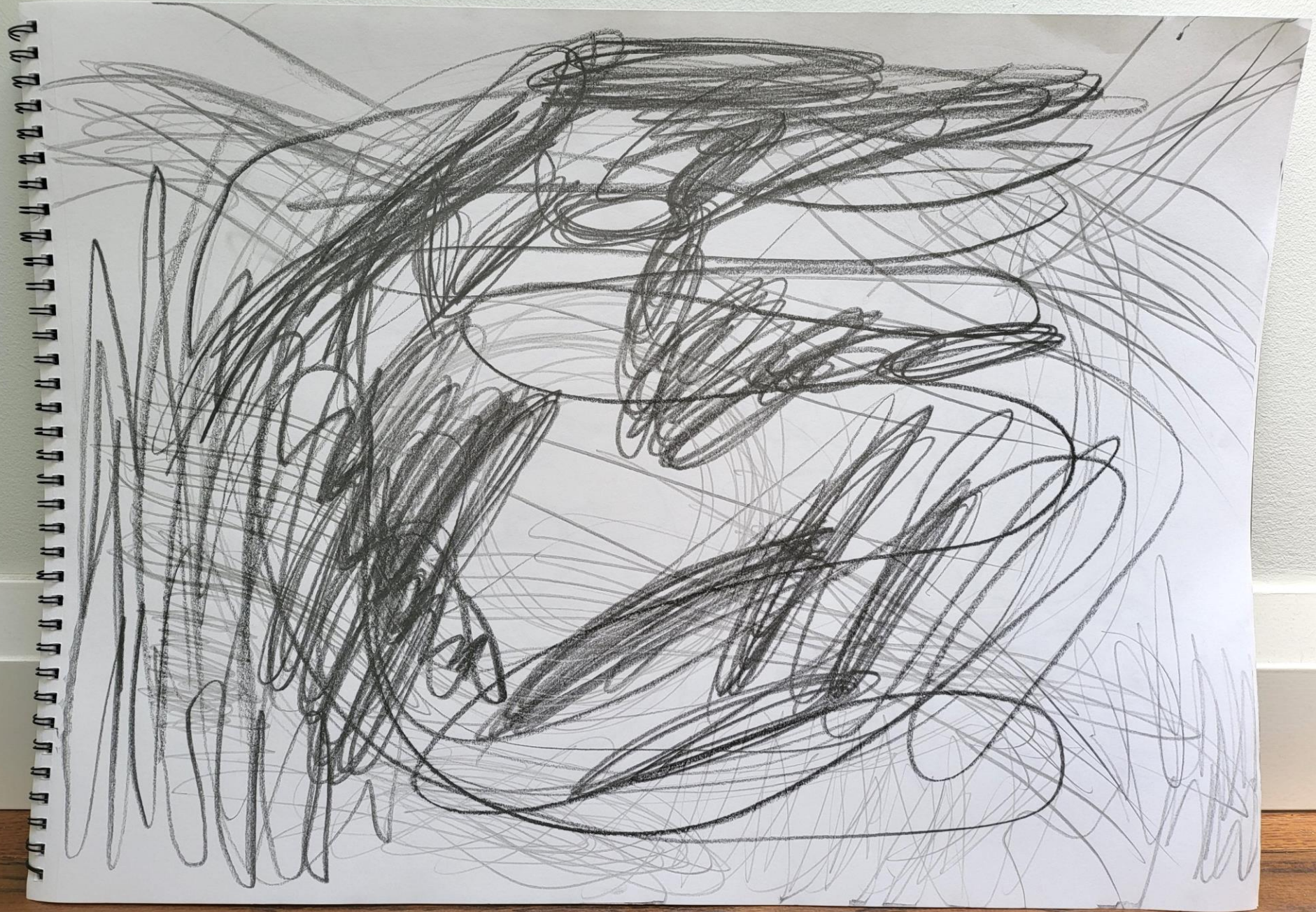
Extra-Sensory Perception

Intra-Sensory Perception - **in different ratios for each event**

Working from first performance sessions to make works in series



Quantum Lisa 2011

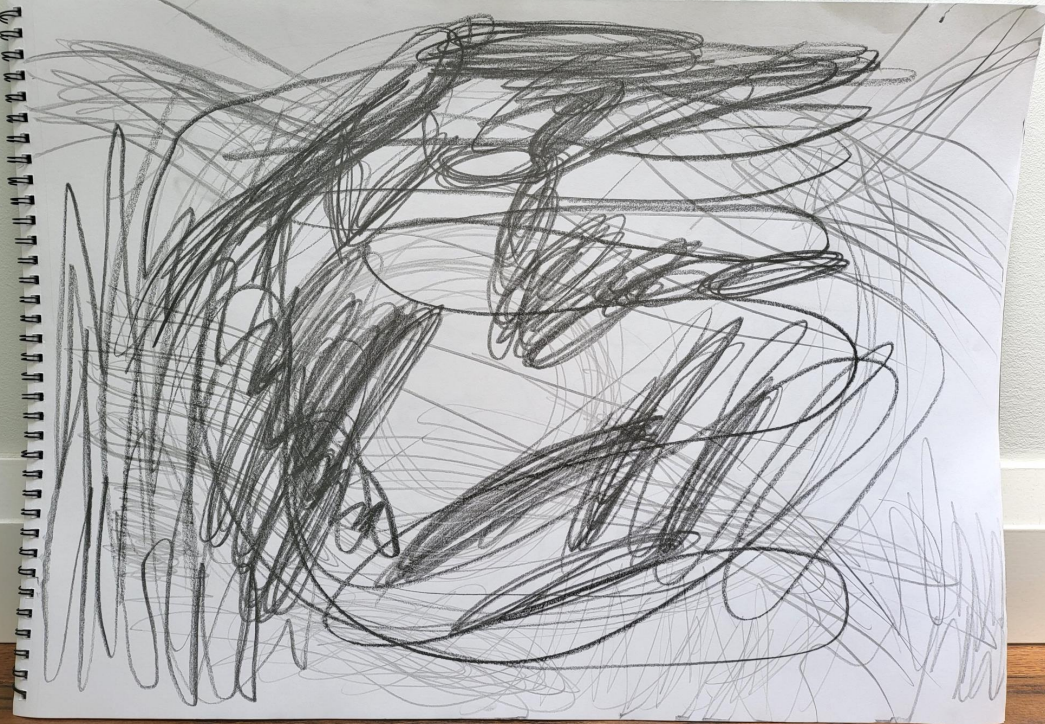




Brad's Tree 2011



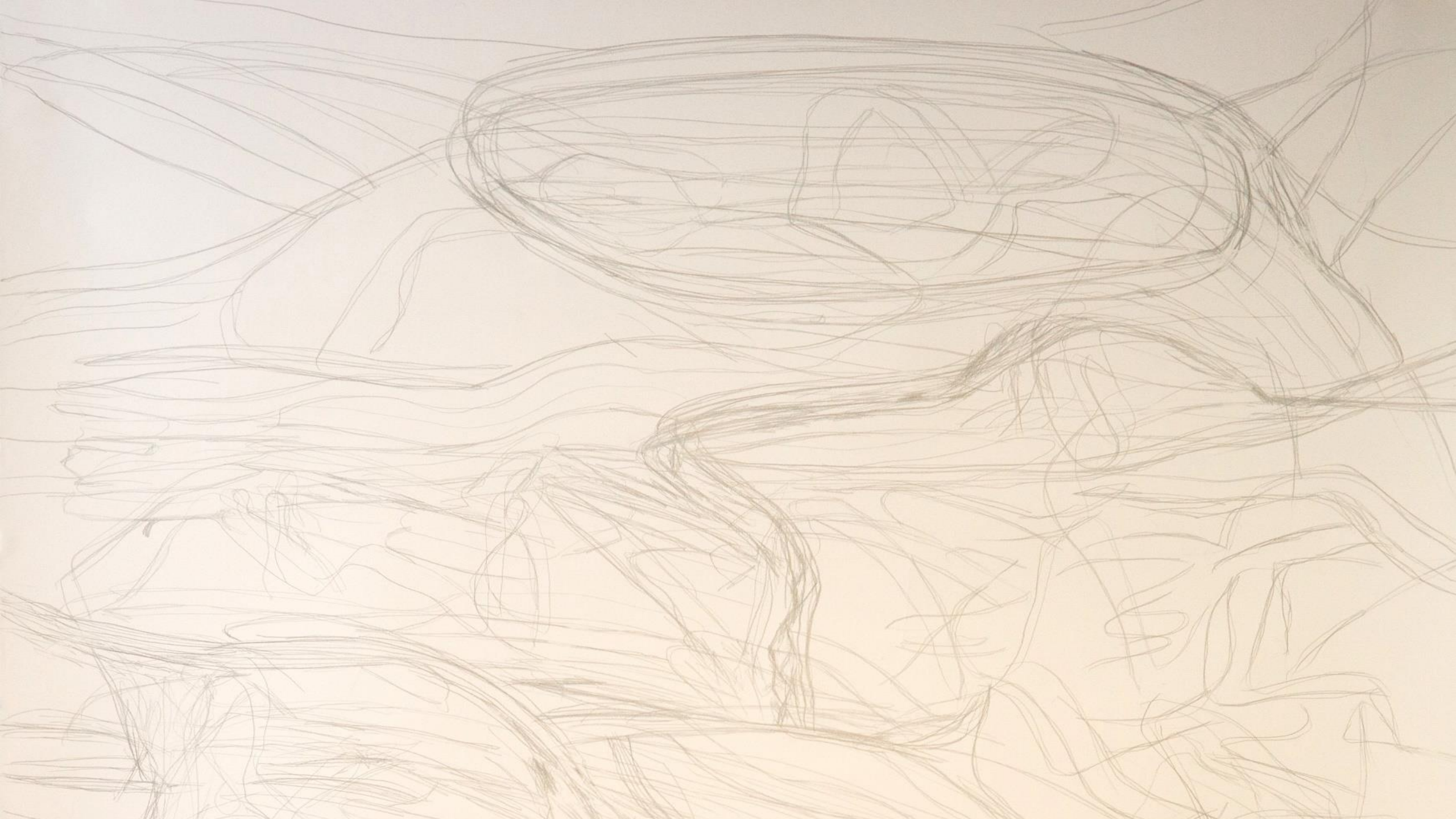
2011

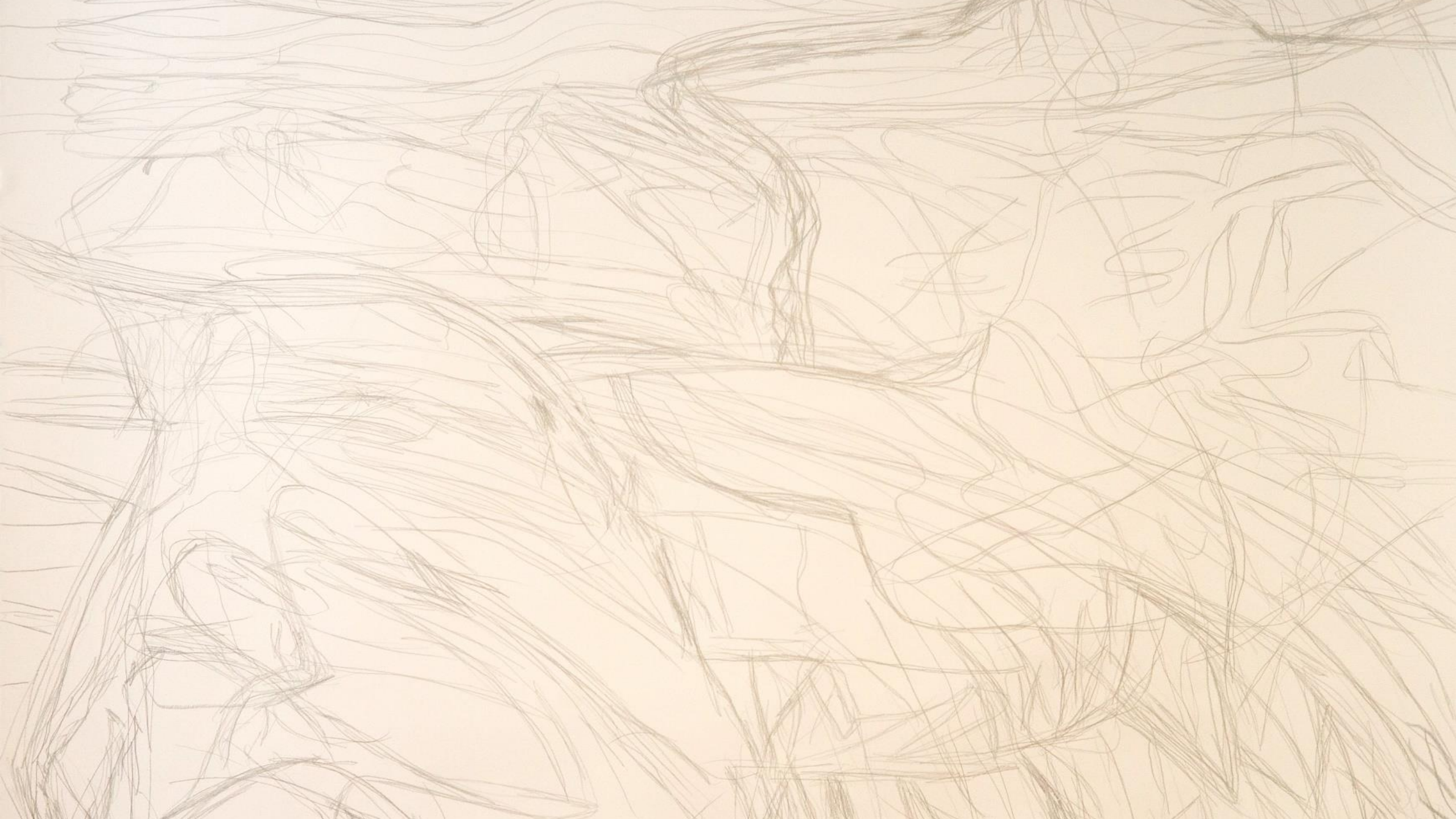


2020

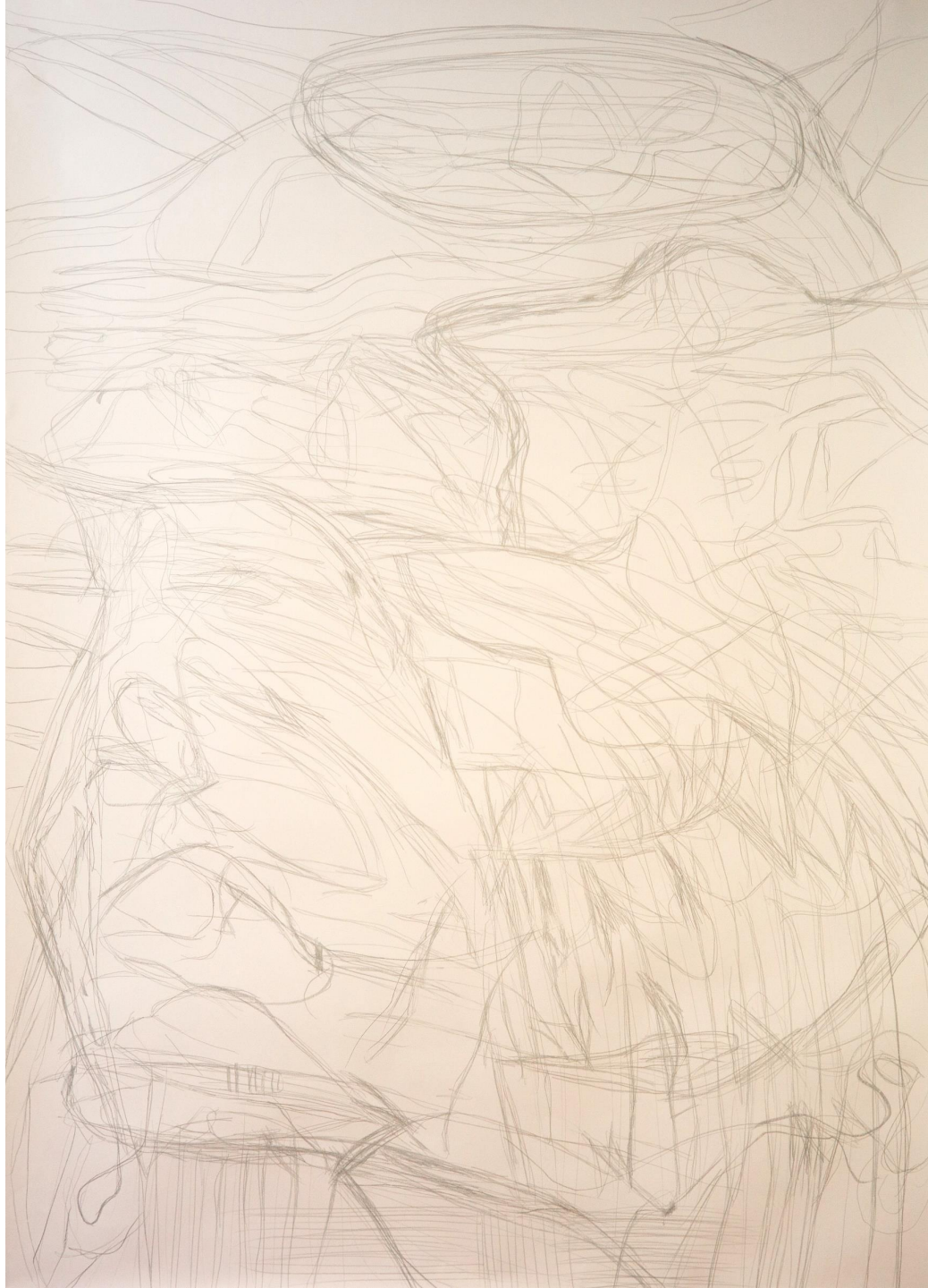


2011











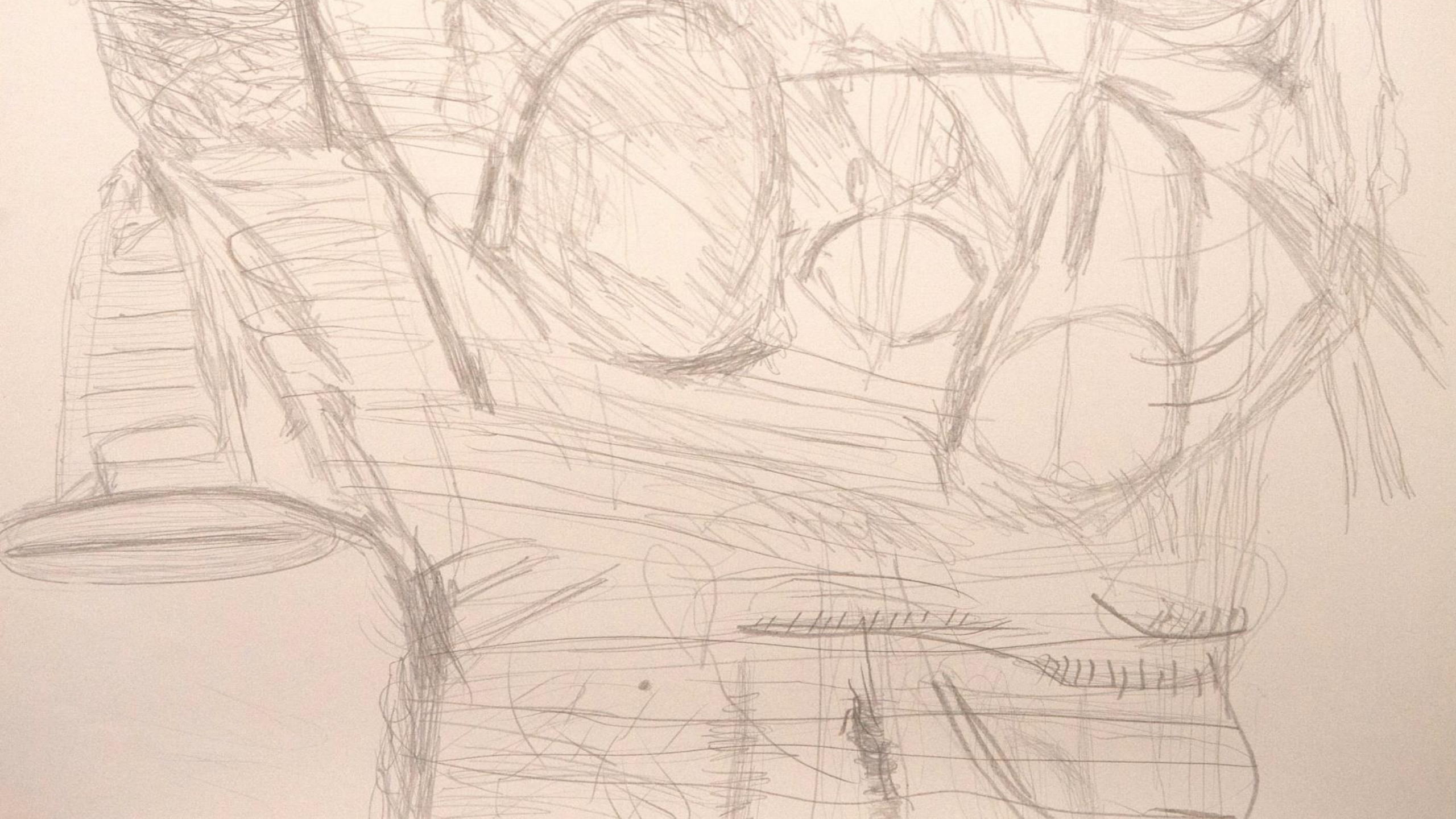














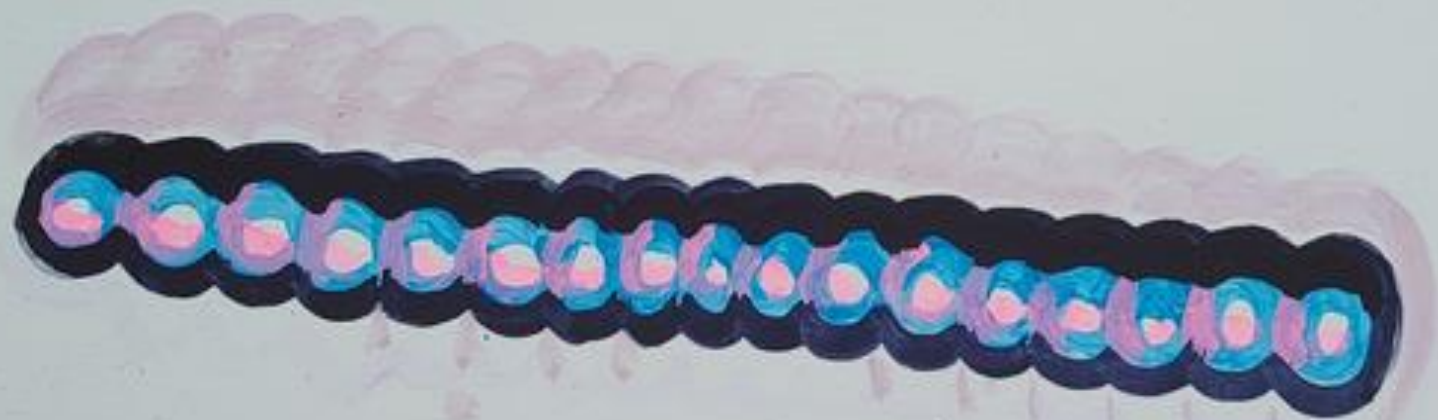
















Aftermath

My body reads vibratory signals the same way through **SP + ESP**

Balance **constraint and freedom/diffractive tool and ACG** ⚡
with the apparatus

Cycle of generating, doing, contemplating

Self-Trust

Physical beings - make Discourse - in Relationality

Reflections

Discursive Turns - Obfuscation, Codification, Subtext, Grand Guignol

ACG ⚡ collaboration techniques to generate discursive material