

Faculty of Design

The Question of Intimacy

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The Question of Intimacy

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Apr 3rd 2020, 4 tweets, 1 min read

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I spoke to an old therapist friend today, and finally understood why everyone's so exhausted after the video calls. It's the plausible deniability of each other's absence. Our minds tricked into the idea of being together when our bodies feel we're not. Dissonance is exhausting.

It's easier being in each other's presence, or in each other's absence, than in the constant presence of each other's absence. ${}^{\mathscr{O}}$

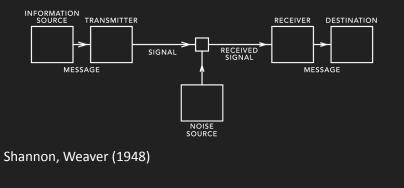
Our bodies process so much context, so much information, in encounters, that meeting on video is being a weird kind of blindfolded. We sense too little and can't imagine enough. That single deprivation requires a lot of conscious effort.

I am finding Zoom easier if I don't make eye contact. Then I can mimick a distant presence, which feels more real. If I want intimacy, and we're apart, I'll phone. And If I want to say thinking of you, I'll write.

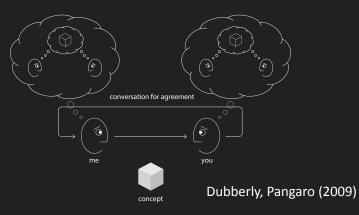
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Models of Communication



Models of Conversation





Arnold-Mages (2018)

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er. The Machine Stops, promotional image from 2001 radio show dramatised by: Gregory Norminton

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The implicitly embodied conversation



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Opportunities for designed intimacy

- Sight
- Mimetic actions such as joint or in-dialogue nodding (Cox 2001)

Eye contact as direct mutual gaze. (von Grunau & Anston 1995; Mason, Hood, & Macrae 2004; Nurmsoo, Einav, & Hood 2012)

Considerations of aperture. i.e., Perspective of a single eye or perspective from an immobile head that is out of one's own control. Varying visions of the "room" separate by placing individuals in different spaces, rather than shared spaces.

Smell Olfactory shifts signal motion in the living/experiencing/embodied environment Sound Mimetic phatic utterances i.e., "mmm", "Uh huh", "how are you?", breathing, sighing, lip smack, etc.

Environmental/ambient sounds aid in the creation of the shared space

Innovations in spatially-informed audio recording techniques: binaural recording (Blau, Budnik, Fallahi, Steffens, Ewert, & van de Par 2021) triphonic spatial audio (such as the Syng Cell Apha (Levy 2021)) and others

Touch immediately and unconsciously aids in coupling (Chatel-Goldman et al., 2014) i.e., handshaking

Shared soma-deep experience – the inwardly understood sensation of kinaesthesia such as shared motion of nodding, the shared crusis of climatic speech (Neely 2019)

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Opportunities for designed intimacy...continued...

Cohesive vs Fractured Embodiment Embodiment, and shared embodiment as enkinaesthesia, requires a cohesive palette (Neely 2019), i.e., subtle facial expressions, full bodily gestures, conscious and unconscious cues. Entrainment

Unison experience vs. millisecond or technical glitch lags (Coan 2015)

Attention

Focused, immersed vs. multitasking vs. attention

Repleteness

In the communal space/experience there is a bottomless opportunity for risk and intimacy (Dreyfus 2000).

In communal space a participant may support or disrupt the collective experience in any number of ways.

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Experientially oriented project examples

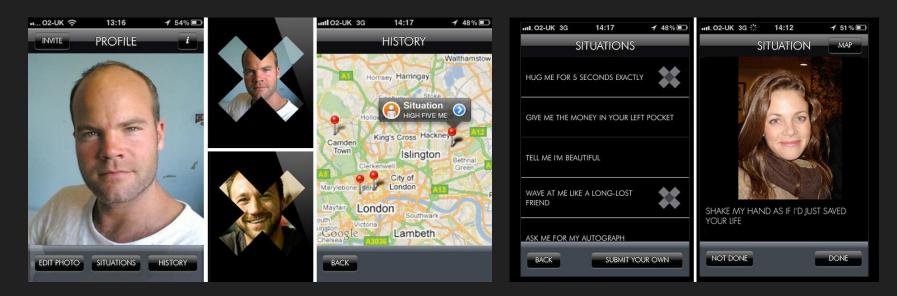
Paul Sermon's Telematic Dreaming (1992)



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Experientially oriented project examples

Benrik's Situationist iPhone app (2011)



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"[The] acceptance of the other person beside us in our daily living [...]
is the biological foundation of social phenomena:
[without this] there is no social process and, therefore, no humanness."
—Humberto Maturana (1992, p. 246)