

Spirit Seated (2021)

It is said that chakras – the vital life force located along the human spinal column – underpin the well-being of our psychic and physical health.
The harmony of these chakras allows the Spirit to unfold, finding its place in all living beings.

Spirit Seated (2021) may offer an expression of Divine consciousness, that has been united with that of human individuals 'up there' and brought down to the earth for the evolving process of our spiritual *being*.



Spirit Seated (2021)

A found chair, acorns and pinecones and protea flower. The work pushes the boundaries of flower arrangement and bri-collage.



Crown of Devotion (2021) placed on *Spirit Seated* (2021)

[link](#)



The pressure through pinecones may stimulate your chakras.